

AoE (Academy of Excellence)

- Occupational health diploma
- Occupational health & safety short courses

OCSA™ 360° MIS Management information system

Proudly South African developed System aligned to best practice and South African legislation

Dynamic flexible reporting –
benefits and added advantages

- Secure log in
- Track changes
- Off-site backups
- Levels of user rights

It is a time saving clinic
management system, capable of:

- Stock control
- Electronic drug register
- Examiner register (SANC & dispensing registration)
- Interface and integration with other IT systems



Legal compliance is key

OCSA assists employers to comply with the Occupational Health and Safety Act, No 85 of 1993 as amended.

Legislations such as the Construction Regulations, 2014, and the Mine Health and Safety Act, No 29 of 1996, have placed the responsibility on employers to provide appropriate occupational health services to their employees.

Occupational hygiene & environmental solutions

OCSA is certified by the Department of Labour as an Approved Inspection Authority (AIA) of occupational hygiene.

Services include

- Occupational hygiene surveys
- Environmental surveys
- Laboratory services
- Asbestos analysis



Integrated workplace health and wellness solutions enhancing your business financial wellness



“You do business. We’ll take care of the health of your employees”

About Momentum OCSA

OCSA is a subsidiary of MMI Holdings Limited and provides comprehensive world-class workplace occupational health and wellness solutions.

ABOUT MMI

MMI Holdings Limited is a JSE-listed financial services group and engages with businesses, individuals and communities to enhance their financial wellness.

MMI offers and measures the impact of a holistic range of solutions that seek to grow business' income statements, protect their balance sheets and enhance their sustainability.

With over 21 years of expertise, Momentum OCSA has the ability to engage and guide employers to solve their specific health requirements and integrate all occupational health and wellness efforts.

Contact us

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National delivery infrastructure

▪ Medicals on the move

There is no place small enough, remote enough or distant enough for OCSA's fleet of mobile medical units.

▪ Medicals at OCSA OH Centres

We provide conveniently located Occupational Health Care Centres nationwide. OCSA performs an average of 200 000 medicals per annum.

▪ Network Service Providers



Occupational health services

Onsite mobile networks

- Health risk assessment
- Risk-based medical surveillance
- Fit-for-duty medical testing (Pre Placement, Periodic, Transfer & Exit)
- Emergency medical services
- Primary healthcare
- Injury management
- Travel Health / medical services
- Executive Health

Consulting services

- Absenteeism management
- Disability and incapacity management
- Standard operating policy development
- Health and safety standards regulations
- Legal compliance health service audits
- Wellness Consulting

EAP And wellness services

- Personal health risk assessment
- Psychosocial services (24-hour call centre)
- Wellness days

